

Healthy Living

...for life!

Nutrition Services • Alameda County Public Health Department

HEALTHY LIVING CHAMPIONS FOR CHANGE SCHEDULE

If you would like to attend a Healthy Living Champions for Change group at your neighborhood school, here is a list of sites along with dates and times for upcoming meetings. Please call prior to attending.

SCHOOL	ADDRESS	PHONE	MEETING DAYS/TIMES	COMMENTS
Ascend	3709 East 12 th St, Oakland	Dario: (510) 595-6328	3 rd Wednesday/Month 8:30 am	English, Spanish
ACORN Woodland & Encompass	1025 81 st Ave, Oakland	Dale: (510) 595-6436	2 nd Thursday/Month 8:30 am	English, Spanish
Bella Vista	1025 East 28 th St, Oakland	Dario: (510) 595-6328	1 st Tuesday/Month 8:30 am	English, Spanish, Cantonese, Vietnamese
Brewer	3748 13 th Ave, Oakland	Dario: (510) 595-6328	4 th Tuesday/Month 8:30 am	English, Spanish, Cantonese, Vietnamese
Bridges Academy at Melrose	1325 53 rd Ave, Oakland	Dale: (510) 595-6436	2 nd Wednesday/Month 8:45 am	English, Spanish
Brookfield	401 Jones Ave, Oakland	Dale: (510) 595-6436	1 st Friday/Month 8:30 am	English, Spanish
Cesar Chavez (ICS/TCN)	2825 International Blvd, Oakland	Dario: (510) 595-6328	3 rd Thursday/Month 8:40 am	English, Spanish
Franklin	915 Foothill Blvd, Oakland	Tamiko: (510) 595-6439	3 rd Thursday/Month 8:45 am	English, Spanish, Cantonese, Vietnamese
Fruitvale	3200 Boston Ave, Oakland	Dario: (510) 595-6328	4 th Thursday/Month 8:30 am	English, Spanish
Garfield	1640 22 nd Ave, Oakland	Dale: (510) 595-6436	TBD	English, Spanish, Cantonese, Vietnamese
Horace Mann	5222 Ygnacio Ave, Oakland	Dario: (510) 595-6328	1 st Wednesday/Month 8:30 am	English, Spanish
Jefferson (LWL/Global)	2035 40 th Ave, Oakland	Dario: (510) 595-6328	2 nd Wednesday/Month 8:40 am	English, Spanish
Junction	298 Junction Ave, Livermore	Dario: (510) 595-6328	1 st Friday/Month 8:30 am	English, Spanish
Lighthouse	444 Hegenberger Rd, Oakland	Dario: (510) 595-6328	2 nd Tuesday/Month 8:30 am	English, Spanish
Madison Middle School	400 Caspistrano Drive, Oakland	Dale: (510) 595-6436	TBD	English, Spanish
Manzanita	2409 E 27 th St, Oakland	Dario: (510) 595-6328	2 nd Thursday/Month 8:30 am	English, Spanish, Vietnamese
Marylin	800 Marilyn Ave, Livermore	Dario: (510) 595-6328	2 nd Friday/Month 8:30 am	English, Spanish
Sobrante Park	470 El Paseo Dr, Oakland	Dale: (510) 595-6436	3 rd Wednesday/Month 9:00 am	English, Spanish
Stonehurst (Esperanza/Korematsu)	10315 E St, Oakland	Dario: (510) 595-6328	1 st Thursday/Month 10:00 am	English, Spanish
World/Achieve	1700 28 th Ave, Oakland	Dario: (510) 595-6328	3 rd & 4 th Friday/Month 9:00 am	English, Spanish

If you are interested in starting a Champions for Change group in your community, please call (510) 595-6454 for more information.

